

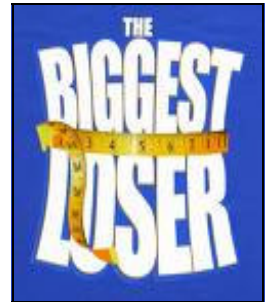
Back By Popular Demand...

BIGGEST Loser 3

“Do you not know that you were bought with a price, therefore, honor God with your body.” 1 Cor. 6:20

If you were a part of BIGGEST Loser #2 and didn't win, you can participate for free in #3, your fee has been paid, just show up Sunday morning and let us know you are in. New contestant fee is \$20.

Meet in the office before or after church for weigh-in and information. Then weigh-in weekly, and lose those unwanted holiday pounds.



Join us Mondays for ZUMBA,
Latin inspired “party” workout.
It’s a blast. Meets 4:30-5:30 or 7-8
PM

**Questions? Call Laura Lundin 790-7015, or
Deb Carpenter 870-9896**